



Southern
Cross Housing

Southern Cross Housing Newsletter

Summer
2025/26

In this issue:

Message from the
Housing Team

Tips for staying safe
and healthy at home

Community activities

Puzzles and recipes



Message from the Housing Team

Baby news

Oliver and his partner recently welcomed a beautiful baby girl, Ella-Ruby, in October. Oliver is on parental leave until mid-December, spending some time with his new family and adjusting to life without sleep. In the meantime, we've had Leah on board to cover Oliver's leave and support us with inspections. This has been a great help, and she's enjoyed meeting our wonderful tenants.

Contacting us

We want to make it easy for you to reach us. Please feel free to contact us by emailing housing@scrosswa.org.au or by calling 1300 669 189 (select option #4) to speak with someone who can assist you or make sure your message is passed on to the right team member.

Since our last newsletter, you should have received a letter with your Housing Officer's name, phone number, and email address. Please remember that our Housing Officers are often out visiting properties or meeting tenants, so if we miss your call, leave a message and we'll get back to you as soon as possible.

Contents insurance

While SCH looks after the building, your personal belongings are your responsibility. We strongly encourage all tenants to consider contents insurance to protect items such as furniture, clothing and personal valuables against loss or damage from events like fire, theft, or water leaks. Unfortunately, SCH can't cover or replace tenants' personal items, so having your own insurance helps give peace of mind if the unexpected happens.

Tenant Advisory Committee (TAC) update

October marked our final TAC meeting for 2025. A big thank you to our members for sharing their insights and lived experience as tenants of Southern Cross Community Housing. Your feedback helps us improve communication and services, keeping tenant voices at the heart of what we do. We are excited to continue this collaboration in 2026.



The Tenant Advisory Committee (TAC) attending their quarterly meeting.

Message from the Housing Team

Resident Satisfaction Survey - FY25 results

Thank you to everyone who took part in this year's Resident Satisfaction Survey. We're pleased to share that Southern Cross Housing (SCH) continues to receive very positive feedback from residents.

Overall, 91 per cent of tenants said they are satisfied with the services we provide, and most residents spoke warmly about our employees and the support they receive. Residents were particularly happy with how they are treated by Housing Officers, the safety and security of their homes, and the quality of maintenance work.

Some areas for improvement included property maintenance follow-up and faster phone response times, and we're already working on ways to strengthen these.

Your feedback helps us make real improvements to our services each year. Thank you for your continued support.

Tenant contact information and updating Next of Kin (NOK)

We recently wrote to everyone to acknowledge that our lives change over time and sent new forms to update our records. It's important to let us know when your circumstances or contact information change, including your Next of Kin. Currently, around 50 per cent have been returned. If you have not yet sent your form in, please do so as soon as possible. If you need another form, please ask your Housing Officer for a copy or call the office.

Gardening competition winners

Congratulations to our 2025 Summer Gardening Competition winners:

1st Place, winner of \$100 Bunnings voucher – John from Forrestfield

2nd Place, winner of \$50 Bunnings voucher – Dale from Fremantle

Centrepay changes - what you need to know

From 3 November 2025, Services Australia is introducing new Centrepay rules. This means tenants will now be responsible for updating their own Centrepay rent deductions whenever their rent changes (for example, after a rent review).

You can change your deduction through the MyGov or Centrepay app, by calling Centrepay on 13 23 00 or 13 27 17, visiting a Services Australia office, or by completing the SA501 Deduction Authority form.

If you choose the paper form, we can lodge it for you, but the new rules mean we cannot pre-fill or complete the form. We can only give verbal guidance or help in person if you make an appointment.

If Centrepay no longer suits your needs, we also offer Direct Debit (ask us for a form) or bank transfer. If you're unsure what to do, please get in touch with your Housing Officer, we're here to help guide you through the changes.

Getting help

There is more information further in this newsletter for help at home through My Aged Care. But did you also know, if you're under 65 and have a permanent disability that affects your daily life, you may be eligible for support through the National Disability Insurance Scheme (NDIS).

The scheme provides funding for things like personal care, home modifications, assistive technology, and community participation. To get started, contact the NDIS on 1800 800 110 or visit www.ndis.gov.au to check your eligibility and make an access request. If you need help applying, My Aged Care or a Local Area Coordinator (LAC) can guide you through the process.

Message from the Housing Team

Water Bills - important information

Water Corporation is unable to separate payments between water use (your responsibility) and water rates or service charges (SCH's responsibility).

Because of this, it's very important that you only pay the exact amount shown on your Water Corporation bill every two months. If you pay extra or round up, your overpayment (credit) may be used to cover service charges that you are not responsible for.

If you think you have a credit on your account, please get in touch with Water Corporation on 13 13 85.

You'll need your account number (shown on your bill) and proof of how you pay (for example, Centrepay, BPAY, or direct debit) to request a refund.

This helps ensure your payments go toward the right part of your bill and that SCH continues to cover the service and rate charges on your behalf.

Maintenance

Our team works hard to keep things in good condition and to respond to repair requests as soon as possible. Some jobs can be fixed quickly, while others may take a little longer depending on the type of repair or the tradesperson needed.

Later in this newsletter, you'll find more information about how we group maintenance requests, our target response times, and examples of what fits into each category. This helps explain how we prioritise work and what you can expect once a job is reported.

What you can do to help: report any problems as soon as you notice them, rather than waiting for your inspection. This allows us to fix things faster and prevent further damage.

If you're unsure whether something counts as a repair, give us a call and we'll guide you.



How to check for water leaks



1.

Turn off all taps

Turn off everything that uses water, such as taps, air conditioners, washing machines and sprinklers.



2.

Find your water meter

Water meters are usually in the front garden close to the verge.



3.

Record the numbers

Enter the **3 red** numbers on your meter in the boxes above.

00:15

4.

Wait 15 minutes

Wait 15 minutes then take another reading.



5.

Record the numbers again

If the red dials on the water meter have changed or are still turning, you may have a leak.

If you think you have a leak

If the meter is still recording, we suggest you contact a licensed plumber as soon as possible to repair the leak. They can find the exact location of the leak and help you understand if you're eligible for one of our leak rebate programs.

If there doesn't appear to be a leak

If you don't have a leak, it may mean there was water being used at the time of the meter reading. Visit our website for tools and tips on how to save water and money.

We're here to help

Sometimes it can be hard to find the exact cause of your high water use. If this is the case for you, please contact us to discuss your situation so we can help you investigate further.

High water use can result in much higher bills. If you're having trouble paying your bills, we have a range of flexible payment options available.

For more information on high water use, or to contact us visit watercorporation.com.au/highusepaperless

Keeping your home cool in summer

Ten tips that will save you money and help you be kind to the earth!

1. Close your blinds

Please keep your blinds closed, especially on north and west-facing windows, to help cool your home. Better yet, invest in some block-out curtains to shield your home from that harsh summer sun.

2. Block the heat

Stopping heat from getting into your house in the first place means spending less on cooling: shade windows and walls with external coverings, such as blinds, awnings, or large potted plants. Plant deciduous trees that cast shade over your home in summer but still let the sunshine through in winter. If you can, invest in window tinting and top up your ceiling insulation, it'll help keep the warmth in winter, too.

3. Just one degree more

If you must use your air-conditioner, set the thermostat to 24-27 °C, or as high as you feel comfortable with. Increasing your thermostat by just one degree in warm weather can reduce your appliance's running costs by about 10 per cent.

4. Adjust ceiling fans

Sometimes you might feel like ceiling fans push the hot air around your home rather than cool it down. Well, you're not wrong – fans that aren't rotating counterclockwise may be doing just that!

Set your ceiling fans to rotate counterclockwise in summer to push air straight down and help create a cooling effect, and clockwise in winter to pull cool air up. In warmer weather, set the fan speed to high; in cooler weather, it works best on low. Ceiling fans can also be used with other cooling types, so that they rotate in the correct direction, which can make a world of difference to the temperature.

5. Close doors and seal gaps

Close doors to rooms you aren't using to keep cool air where you need it most. Seal gaps around doors and windows and use draught excluders to ensure the cool air can't escape. Note: evaporative air-conditioners will be more effective if you open some doors and windows to increase airflow through the home. It's a win-win!

6. Hang out in the evening

Closing your windows and staying inside may be a great idea during the day, but when it gets cooler in the evening, you may want to open your house to let it cool naturally, make sure you lock up overnight!

7. Chill out, not chill on

Sip icy-cold drinks, apply a damp cloth to your neck and other pressure points, or have a cold shower to cool your body without turning on the air-conditioner.

8. Hack a fan

No air-con? No worries! A cleverly positioned bowl of ice is all you need to turn a fan into a cold mist machine. Place a shallow bowl or pan of ice in front of a fan for an icy-cool breeze that won't break the bank.

9. Choose cotton

Cotton fabrics are super breathable and help keep you cool. Wear light, loose clothing made of breathable fabrics like cotton and fit your bed with cotton sheets.

10. Change your lightbulbs

If you're having trouble cooling your home and can't work out why, lightbulbs might be to blame. Incandescent and halogen light bulbs are being phased out in Australia, but many homes still use them. They produce much heat, so switching to energy-saving bulbs like LED lights can help cool your home and save heaps on energy costs. That's a win-win!

Help with gardening and home maintenance

Did you know there are local organisations in Perth that can help with gardening, lawn care, and small home maintenance tasks, such as changing lightbulbs?

The government can subsidise some of these services if you are eligible for aged care support.

Government-subsidised services

From 1 November 2025, the new Support at Home Program will replace the current Home Care Package and Commonwealth Home Support Programme (CHSP). Through these programs, you can get help with gardening, outdoor maintenance and other tasks around your home.

How to apply

Contact My Aged Care on 1800 200 422 or visit myagedcare.gov.au.

Request an aged care assessment.

After your in-home assessment, you'll be matched with the right level of support – either Support at Home (for higher-level needs) or CHSP (for entry-level help).

You can choose an approved provider to deliver your services.

Approved providers in Perth

These local providers can deliver garden and maintenance support under government funding schemes:

Chorus

Phone: 1800 264 268.

Website: chorus.org.au

Gardening and home maintenance as part of in-home aged care support.

Garden Care West

Phone: (08) 6187 0926.

Website: gardencarewest.com.au

Gardening services for Home Care Package clients.

KompleteCare

Phone: (08) 9329 4955.

Website: kompletecare.com.au

Home and garden maintenance for people with a Support at Home Package.

People Who Care (Inc)

Phone: (08) 9379 1944.

Website: peoplewhocare.org.au

Gardening and handyman services for clients with an approved My Aged Care Plan.

St Jude's Healthcare Services

Phone: (08) 9279 4343.

Website: stjudes.com.au

Qualified gardeners available through aged-care gardening services.

Mable

Website: mable.com.au

Online platform connecting seniors with independent workers for gardening or outdoor maintenance, payable through aged-care funding or privately.

Tip: Even if you only need a little help, it's worth contacting My Aged Care to see what support you're eligible for.



Tips for staying safe and healthy at home

One of the biggest risks for older people who live alone is injury. If an older person slips and falls and there is nobody around to help, a simple concussion could quickly become life-threatening. Because of this, it's essential for older people who live alone to stay as healthy as possible.

Things like exercise, a healthy diet, an active social life, and drinking plenty of water drastically reduce the health risks that solitary older people face and make it much easier for them to remain safe and happy in their own homes.

Prevent falls

Falls are the leading cause of fatal injury among older people, and one in four over the age of 65 falls every year. Those who live alone face an especially high risk of falls and fall-related injuries, so it's important to take steps to prevent them.

The bathroom might be the most dangerous place for older people who live alone. Installing grab bars around the shower and toilet can help prevent slips and falls. Non-slip bathmats are also beneficial.

Ways to prevent falls:

- Remove loose rugs
- Keep walkways clear
- Use night lights
- Encourage the use of mobility aids, such as canes or walkers, when needed.

Fall prevention measures reduce the risk of injuries and help older people maintain their independence.

Older people with specific medical conditions should always wear a medical ID bracelet. This makes it easy for emergency personnel to get the information they need if they ever need to come to your home.



Bushfire and emergency information

Stay informed and be ready.

As the weather heats up, so does the risk of a bushfire.

Having reliable, official information is critical for making safe decisions.

⚠️ Note: do NOT rely solely on one type of alert (e.g. SMS, phone calls) – always cross-check via official sources.

⚠️ In an emergency (life-threatening) – call 000 immediately.

⚠️ If you see or smell fire, act early. Conditions can change quickly.

Where to get official updates and warnings

Source	What it offers	How to access it
Emergency WA	The State's official warnings and status of incidents (bushfires, floods, storms, etc.)	Website: emergency.wa.gov.au
DFES (Department of Fire & Emergency Services WA)	Guidance, advice, and updates on bushfire safety, hazard planning, during/after fire	Website: dfes.wa.gov.au
My Firewatch (Landgate)	Map visualisation of fire incidents and alerts across WA	Website: myfirewatch.landgate.wa.gov.au
Australian Warning System (AWS)	Standardised warning levels used in WA: Advice, Watch and Act, Emergency Warning	Information via DFES / Emergency WA pages
ABC Radio	Official emergency broadcaster for WA. Provides live bushfire warnings, DFES updates, and community alerts.	Tune to your local ABC station (e.g. ABC Radio Perth 720 AM) or listen via the ABC Listen app or abc.net.au/perth
6PR Radio	Perth's main talk-radio station that relays DFES and Emergency WA bushfire information for metro areas.	Tune to 882 AM radio or stream live at 6pr.com.au

When and who to call for help

Knowing who to call and when helps you stay safe and get the right support quickly.

Call an Ambulance - 000 (Emergency only)

Call 000 for an ambulance only in an emergency, such as:

- Someone is seriously ill or injured and their life is at risk
- Your neighbour has had a fall and can't get up, especially if there may be injury. Don't try to lift them yourself, it could make things worse
- It's a life-threatening or time-critical emergency where urgent help is needed

Call the Police - 000 (Emergency only)

Call 000 for police only in urgent or life-threatening situations, such as:

- A serious crime is happening or has just happened
- Someone is in immediate danger or at risk of harm
- There is a danger to life or risk of serious injury
- A serious disruption or violent situation is occurring

Call the Police - 131 444 (Non-emergency)

Use 131 444 to contact police for non-urgent matters, such as:

- Property damage or threats of damage
- Suspicious behaviour (e.g. drug use or dealing).
- To report a stolen vehicle
- To share information about local crime or safety issues

Contact Crime Stoppers - 1800 333 000 (Non-emergency)

You can report crime information anonymously through Crime Stoppers.


- Use it if you know something about criminal activity, but don't want to be identified
- It's available 24/7, and information is passed on to the police confidentially
- Visit www.crimestopperswa.com.au or call 1800 333 000

Contact Your Local Council (Non-emergency help)

Your local council may be able to help with:

- Safety concerns in your area (e.g. poor lighting, damaged footpaths)
- Rubbish or graffiti clean-ups
- Noise or animal complaints
- Community support services such as seniors programs, home maintenance, or wellbeing checks

 **Tip:** If you're unsure which council you belong to, you can check online at www.wa.gov.au or ask your Housing Officer.

 **Remember:** If you're ever unsure, call 000, the operator will help decide if it's an emergency.

Security doors and locks

What you need to know

We've recently had a few questions from tenants about upgrading security doors. It's a good reminder of what's required by law and what's optional. Under Consumer Protection WA, lessors (SCH) are legally responsible for ensuring rental properties meet minimum security standards, including a main front door fitted with a deadlock or a key-lockable security screen door that complies with Australian Standards.

Lessors are also responsible for maintaining these security measures and must ensure the property remains "reasonably secure." Tenants must obtain permission to change locks or install additional security features unless they are victims of family violence.

Lessor's responsibilities

Main entry door: Must be fitted with a deadlock or a key-lockable security screen door that meets Australian Standards.

Other external doors: Must have a deadlock, patio bolt lock, or a key-lockable security screen door compliant with Australian Standards.

Exterior windows: Must be fitted with a lock that prevents them from being opened from the outside (it does not have to be key-lockable).

Exterior lighting: A light must be installed near the main entry and be operable from inside the premises.

Maintenance: Lessors are responsible for maintaining all security devices and must repair any broken or rusted locks.

Tenant's responsibilities

Request permission: Tenants must obtain the lessor's consent before changing locks or fitting additional security devices.

Key/code provision: If a lessor approves the installation of extra security, the tenant may be required to provide any new keys or access codes to the landlord.

Family violence exception: Tenants affected by family violence can change locks at their own expense without prior permission, but must provide the lessor with a copy of the new key(s) within seven days. The lessor is prohibited from giving a copy of the new key(s) to the alleged perpetrator.



It's coming

Head of Pastoral Care and Volunteering Ian Simms

I have always loved the sense of anticipation that Christmas brings. Isn't it refreshing that, whatever our belief system around the festivities, we can still look forward to the change of gear that Christmas represents?

I have a friend who pulled me aside the other day to say he wasn't doing so well. Life had fallen in a heap, and he was feeling rather low and uninspired. We talked about it for a while, exploring all the possible things that had happened recently. None of those factors seemed to play a role in his low spirits. We just let the situation be, as blokes often tend to do, and we moved on to talk about the last holiday he had been on. "Mmm!" he said, "that was several years ago, and it was only a night or two away from home."

The more we talked, the more apparent it became that my friend found himself in a situation with nothing to look forward to. He had got on with the regular, responsible tasks, but many of them were not super exciting, to be honest. One year folded into the next, and it seemed that life would never really change.

So, I asked him to do some research on his computer to find places he had not been to and areas within his affordability range. The next time I saw him, he was a different person. "I had such fun planning a holiday," he said. "I've decided to work towards a holiday in Bali," he announced. And then he added, "You know, just having something to look forward to has made all the difference."

We seem to need to look ahead to something enjoyable, don't we? Christmas reminds us of that fact. And for those with faith in God, it is a small part of the overall prospect of a heavenly eternity where all that is unpleasant is removed and replaced with the deep fulfilment of joy. The birth of the Christ-child foreshadowed the great reversal of fortunes that people of faith can look forward to.

But even for people who choose not to go the way of faith, there is still a need to look forward to something. The day brightens when we can look ahead to something good and enjoyable, and we can whisper to ourselves, "It's coming!"



Artwork

Local artist: Kenneth Irwin

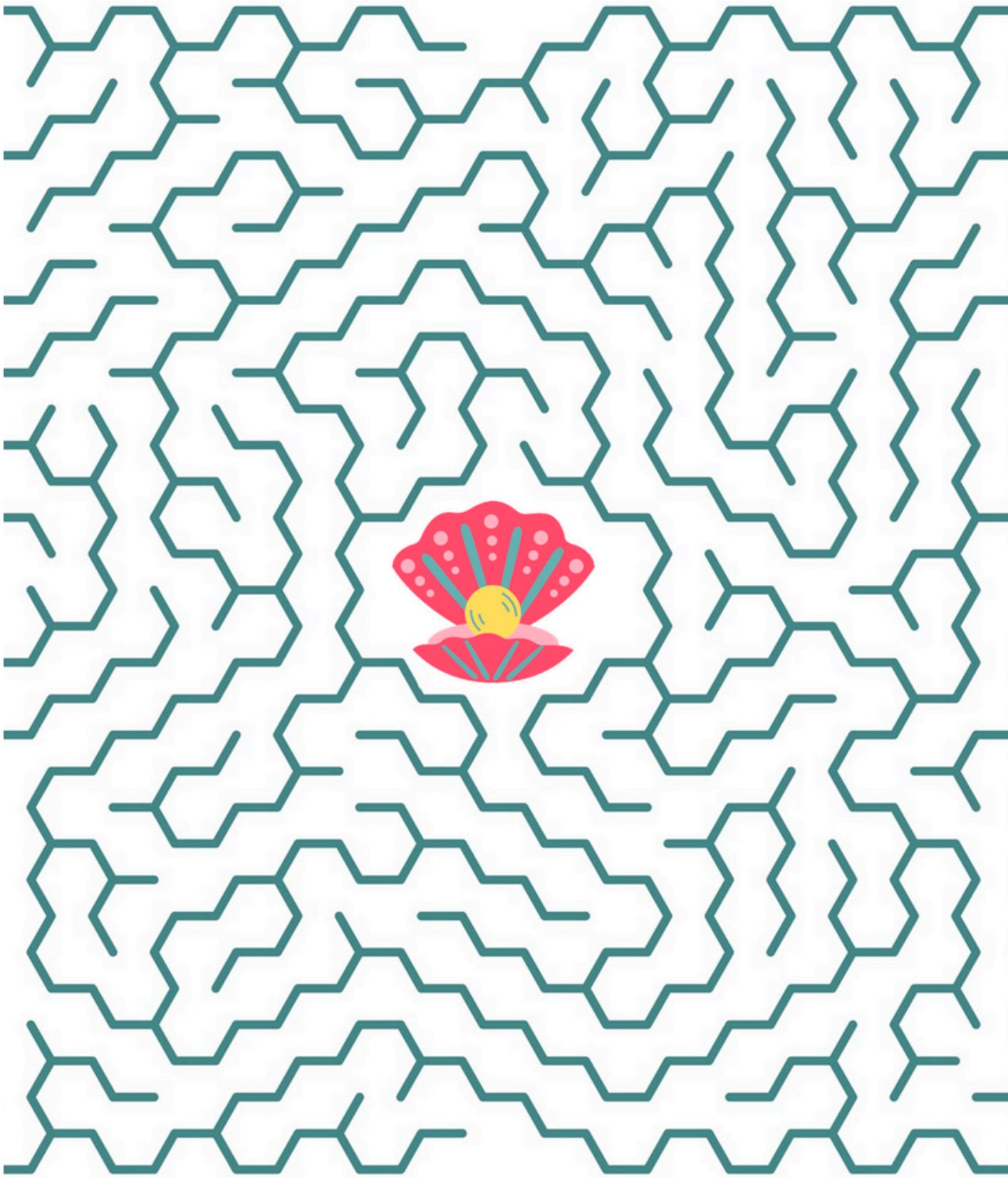


Local artist: Philip Abley



Puzzles

Grab the pearl maze



Puzzles

DINOSAUR Word Search

SSURUASOLYKNAANA
VUPHTRICERATOPSV
ERHOOSURUASOTAPA
LUCCTORAPOEAOROS
OAOOYAUROVPCAAU
CSAPRNRNATROASSR
IOLSLYOEPAAPLAUU
RTLOHOTNCAAIRURA
AOOBACHIOSAURUS
PNSRTYOEEOETRUOAO
TAALISLAPSDOTLSN
OGUOOUPARHAUROON
RIRSAAERRRAUHPGA
SGUAUSUSAKLLRHER
NRSROTPARIVOUUTY
UDILOPHOSAURUSST

TRICERATOPS
OVIRAPTOR
BRACHIOSAURUS
APATOSAURUS
ALLOSAURUS
CORYTHOSAURUS
PARASAUROLOPHUS
STEGOSAURUS

VELOCIRAPTOR
PROTOCERATOPS
ANKYLOSAURUS
EUOPLOCEPHALUS
DEINONYCHUS
GIGANOTOSAURUS
DILOPHOSAURUS
TYRANNOSAURUS

Instructions

Find and circle the words from the list. Words may be forward, backward, vertical, or diagonal within the puzzle.

Jokes

Q: What was the one legged man doing at the teller machine?

A: He was checking his balance

*Sent in by Patricia

I told my friend I'm ageing gracefully. She said, "Gracefully?"

I said, "Well... with a lot of noise."

Q: What do you call a 42°C day in WA?

A: Tuesday.

Wisdom tip:

If you can't find something... stop looking.

It'll reappear the moment you buy a new one.



Recipes

Easy summer ice cream cake loaf

Serves: 16

Prep time: 15 mins

Cook: 5 mins



Ingredients:

- 500mL strawberry ice-cream
- 500mL Woolworths vanilla bean ice-cream
- 450 pkt Woolworths Madeira cake
- 1/2 cup raspberry jam
- 1 1/2 cups moist coconut flakes
- 2 drops pink food colouring.
- 500ml Woolworths thickened cream

Method:

1. Stand ice creams at room temperature for 10 minutes to soften. Grease and line a 21x10cm (base) loaf pan with baking paper, extending the paper at the long sides for handles. Using a serrated knife, trim the cake to level the top. Cut the cake into three pieces horizontally. Arrange the cake over the prepared base to cover.
2. Spoon strawberry ice cream into the base of the pan, then smooth the surface. Top with a layer of jam, then a layer of cake. Working quickly, spoon in vanilla ice cream and top with the remaining sponge, pushing down gently to secure. Fold baking paper inwards to cover and freeze for six hours or overnight until firm.
3. Place the coconut and a few drops of food colouring in a bowl and mix until the coconut is a pale pink.
4. Remove the ice cream cake from the pan onto a board. Using an electric mixer, beat cream in a large bowl until stiff peaks form. Spoon over cake and sprinkle with coconut. Serve.



Community support resources

Support Services



Centrecare Counselling and Support

Joondalup WA 6027
(08) 9300 7300



Centrecare Family and Relationships

Perth WA 6000
(08) 9325 6644



Sexual Assault Resource Centre

24-hour Emergency Line
(08) 9340 1828
1800 199 888



Inclusion Solutions Disability Support

Osborne Park WA 6017
(08) 9443 7226



AdvoCare Elder Abuse Hotline

1800 655 566/1300 724 679



Hope Community Services

Counselling & Family Support
Armadale WA 6112
(08) 9497 9498

Mental Health & AOD Support



Lifeline Grief and Loss Counselling

13 11 14
lifeline.org.au



Black Swan Health Mental Health, Disability and Psychosocial Support

1300 820 398



Richmond Wellbeing Mental Health Support

1800 742 466



Palmerston Alcohol and Drug Treatment

(08) 9246 6767



Cyrenian House

Alcohol and Drug Treatment
(08) 9246 6767

Financial Counselling and Emergency Relief



Vinnies WA Emergency Relief and Financial Counselling

1300 794 054



Uniting WA Financial Wellbeing and Emergency Relief

1300 663 298



The Spiers Centre Financial and Gambling Management and Budgeting

(08) 9401 2699



St Patrick's Financial and Legal Support

(08) 6372 4800

Community activities



Autumn Centre

McNicholl Street, Rockingham

Over 60's | Members Only

Weekly Activity Calendar

Services Provided

Monday to Friday

7:15am to 4pm

\$53 per year

[www.rockingham.wa.gov.au/](http://www.rockingham.wa.gov.au/community/seniors/autumn-centre)

[community/seniors/autumn-](http://www.rockingham.wa.gov.au/community/seniors/autumn-centre)

[centre](http://www.rockingham.wa.gov.au/community/seniors/autumn-centre)



Addie Mills Centre

2 Astley St, Gosnells

Over 55's

Weekly Activities

Free Bus Service

Monday to Friday

8am to 4:30pm

Ranging from free to \$7.50

per activity

[www.gosnells.wa.gov.au/Lif](http://www.gosnells.wa.gov.au/Lifestyle/Get_involved/Seniors)

[estyle/Get_involved/Seniors](http://www.gosnells.wa.gov.au/Lifestyle/Get_involved/Seniors)



Queens Park Seniors

9 Elshaw Street, Queens Park

Over 45's | Weekly Activities

Monthly Outings

Monday to Friday

9am to 4pm*

Membership - \$20/year

Ranging from free to \$10 per

activity

www.qpseniors.com.au/



Greendale Centre

12 Coombe Avenue, Armadale

Over 55's | Weekly Activities

Free Bus Service

Monday to Friday

8am to 4:30pm

Ranging from free to \$20

per activity

[www.armadale.wa.gov.au/wha](http://www.armadale.wa.gov.au/whats-events-workshops)

[ts-events-workshops](http://www.armadale.wa.gov.au/whats-events-workshops)



Cockburn Seniors Centre

9 Coleville Cres,

Spearwood

Over 50's | Members Only

\$50/year

Weekly Activities

Ranging from free to \$10

Bus Service (assessed)

Monday to Friday

8:30am to 4:30pm

[www.cockburn.wa.gov.au/](http://www.cockburn.wa.gov.au/Community/Seniors-50/)

[Community/Seniors-50/](http://www.cockburn.wa.gov.au/Community/Seniors-50/)



Belmont Seniors Centre

213 Wright St, Cloverdale

Over 55's

Membership - \$20/year

Weekly Activities - \$1

Monday to Friday

From 9:00am

[www.belmont.wa.gov.au/dis](http://www.belmont.wa.gov.au/discover/places-to-go/belmont-hub/seniors-hub)

[cover/places-to-go/belmont-](http://www.belmont.wa.gov.au/discover/places-to-go/belmont-hub/seniors-hub)

[hub/seniors-hub](http://www.belmont.wa.gov.au/discover/places-to-go/belmont-hub/seniors-hub)



Fremantle Library

Sullivan Hall

South Beach

The Meeting Place

Fremantle Men's Shed

Hilton Community Center

Samson Recreation Centre

Variety of Activities

Ranging from free to \$99

[www.fremantle.wa.gov.au](http://www.fremantle.wa.gov.au/whats-on)

[/whats-on](http://www.fremantle.wa.gov.au/whats-on)



Balga Autumn Club

Balga Pensioners Club

81 Camberwell Road, Balga

Stirling Men's Shed

Stirling Women's Shed

Crafternoons (various

locations)

Variety of Activities

Membership Required

[www.stirling.wa.gov.au/leisu](http://www.stirling.wa.gov.au/leisure-and-culture/arts-and-events/events-calendar)

[re-and-culture/arts-and-](http://www.stirling.wa.gov.au/leisure-and-culture/arts-and-events/events-calendar)

[events/events-calendar](http://www.stirling.wa.gov.au/leisure-and-culture/arts-and-events/events-calendar)



Swan Seniors Fitness

[www.swanactive.com.au/](http://www.swanactive.com.au/fitness/seniors/)

[fitness/seniors/](http://www.swanactive.com.au/fitness/seniors/)

Midland Men's Shed

Swan Avenue, Midvale

Membership \$50/year

\$2.00 per attendance

www.mensshedsa.org.au

City of Swan Events

[www.swan.wa.gov.au/explore](http://www.swan.wa.gov.au/explore-and-do/events)

[-and-do/events](http://www.swan.wa.gov.au/explore-and-do/events)

How to contact us

To get in touch with us, you can call or email us:

Office number



1300 669 189

At the menu, **select option 4** for Community Housing.

Email



housing@scrosswa.org.au

You can also call your Housing Officer directly during office hours.

Other handy telephone numbers

131 444 Police Attendance

000 Emergency

131 351 Western Power

131 375 Water Corporation

13 13 56 ATCO Gas

132 500 State Emergency Service

After-hours number



1800 759 528

The after-hours number should only be used for emergency repairs and maintenance issues outside of the available office hours.

